



4-H YOUTH DEVELOPMENT

SUMMER  
2024

# CLINTON COUNTY NEWS

TIME TO  
UPDATE

\*CAMP DATES

\*FAIR ENTRIES

\*PET SHOW

\*ART CLUB

\*SHOOTING  
SPORTS



Welcome to 4-H!!

 Martin-Gatton  
College of Agriculture,  
Food and Environment

Cooperative Extension  
Service

Clinton County  
2601 N. Hwy 127  
Albany, KY 42602  
(606)387-5404

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[www.ca.uky.edu/ces](http://www.ca.uky.edu/ces)

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LET'S CELEBRATE  
SUMMER  
WITH 4-H!



## Cooperative Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

## MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties. Cooperating. Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.



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- **CIT/TEEN/ADULT LEADER ORIENTATION**  
**TUESDAY, JUNE 25TH AT 5PM**  
**AT THE CLINTON CO. EXTENSION OFFICE**
- **CAMPER/PARENT ORIENTATION**  
**THURSDAY, JUNE 27TH AT 5PM**  
**AT THE CLINTON CO. EXTENSION OFFICE**
- **CAMPER APPLICATIONS ARE DUE NOW**  
**LAST PAYMENTS ARE DUE JULY 1ST**  
**CAMP DATES: JULY 15-19**



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**JUNE 20TH**

**8-11AM: EXHIBIT ENTRY**

**2-4PM: EXHIBIT VIEWING**

**JUNE 21ST**

**8-11AM: EXTENSION EXPO**

**OPEN HOUSE**

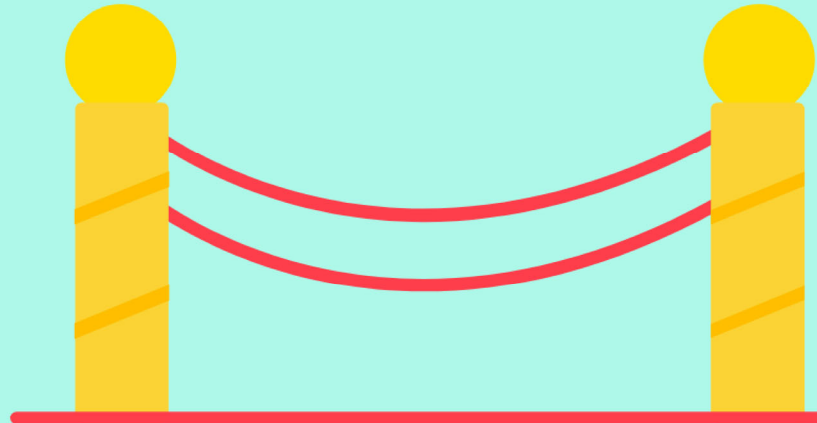
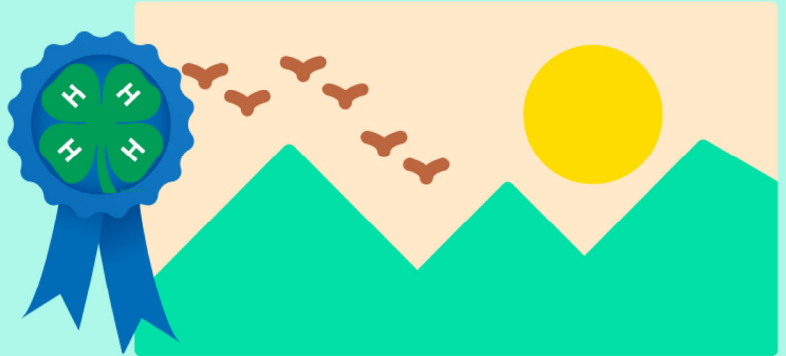
**1-3PM: EXHIBIT CASH-OUT**

**4-H FAIR EXHIBITS CATELOG IS  
LINKED IN THE COMMENTS.  
CATALOGS ARE ALSO AVAILABLE  
AT THE EXTENSION OFFICE.**



**RIBBONS AND MONEY ARE  
PRESENTED TO FIRST,  
SECOND, AND THIRD PLACE  
WINNERS!**

## CLINTON COUNTY 4-H FAIR EXHIBIT HALL



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# CLINTON COUNTY NEWS

## 4-H & OPEN

## PET SHOW



Clinton Co. Fairgrounds June 15, 2024 @9:00am

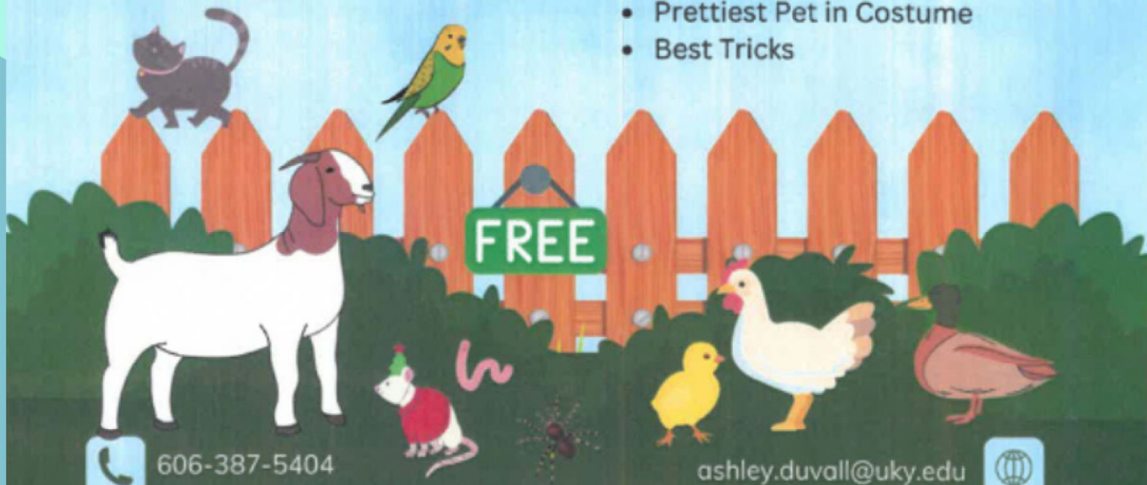
### RULES:

- All Entries must be a life pet or critter.
- All animals **must be** accompanied by a Certificate of Veterinary Inspection.
- No Snakes
- Pets will be judged based upon appearance, grooming, obedience and breed type.
- Animals may only be entered into one class, except for class 15.
- **Prize Money** Per Class: 1st \$5, 2nd \$3, 3rd \$2

All Ages

### ENTRIES:

- Dog (on leash, up to 10 lbs.)
- Dog (on leash, hunting breed)
- Dog (on leash, guard/work breeds)
- Dog (on leash, general breeds)
- Dog (on leash, mixed breeds)
- Puppy (under 6 months old)
- Cat (on leash, purebreed)
- Cat (on leash, mixed breed)
- Kitten (Under 6 months)
- Rabbit
- Bird
- Fish
- Ugliest Pet
- Most Unusual Pet
- Prettiest Pet in Costume
- Best Tricks



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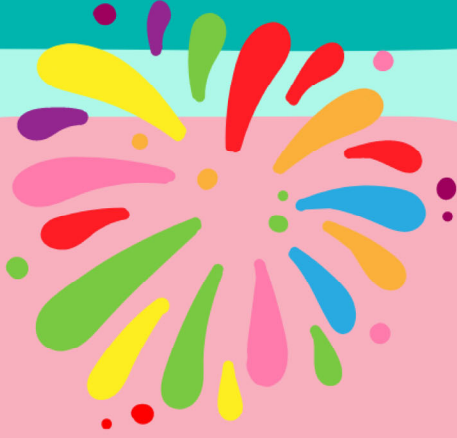
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# CLINTON COUNTY NEWS



MEETS EVERY SECOND WEDNESDAY OF THE MONTH!

AT THE CLINTON CO. EXTENSION OFFICE

3:00-4:30PM

AGES 9-18

JOIN ANYTIME!

FREE OF CHARGE UNLESS OTHERWISE NOTED.

ALL PROJECTS QUALIFY AS A CLINTON COUNTY 4-H FAIR EXHIBIT ENTRY.



## 4-H ART CLUB



# JUNE

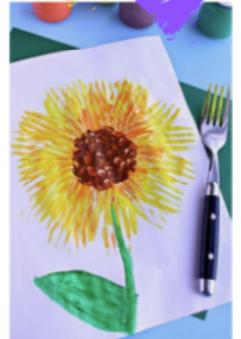
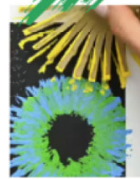
4-H ART CLUB

AGES 9-18



### ODD OBJECTS ONLY

ACRYLIC ART



\*Community Projects  
\*Qualifies for Fair Entry

**JUNE 12TH**  
**3:00-4:30**

**FREE**

Call Ashley Duvall @ 606-387-5404 or email [ashley.duvall@uky.edu](mailto:ashley.duvall@uky.edu) to save your spot!

\*\*\*Limited to 30 Participants\*\*\*  
Classes held at the Clinton Co. Extension Office.  
Must provide your own transportation.

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**CONGRATULATIONS TO ALL THOSE WHO PARTICIPATED IN THE WARREN CO. SHOOTING COMPETITION!**



**UPCOMING COMPETITIONS:**

**JULY 27: ADAIR/METCALF CO. 4-H SHOOT**

**JULY 20: RALPH PETTY JOHN MEMORIAL 4-H SHOOT**

**REGISTRATION INFORMATION WILL BE HANDED OUT AT PRACTICE.**



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# CLINTON COUNTY NEWS

## 4-H FAVORITE SUMMER SNACK



- INGREDIENTS:**
- ½ CUP FAT-FREE OR LOW-FAT VANILLA OR FLAVORED YOGURT
  - ½ CUP DICED FRUIT SUCH AS GRAPES, BERRIES, PINEAPPLE OR SLICED PEACHES. IF CANNED FRUIT IS USED, DRAIN IT FIRST.
  - ¼ CUP WHOLE-GRAIN CEREAL



### DIRECTIONS:

1. PLACE YOGURT IN A CUP.
  2. ADD FRUIT AND CEREAL.
- A LOW-LACTOSE OR DAIRY-FREE ALTERNATIVE YOGURT CAN BE USED INSTEAD OF REGULAR YOGURT.

SOURCE: LEAP...FOR HEALTH: ADAPTED FROM: PURDUE UNIVERSITY EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM. (2006). PROFESSOR POPCORN. RECIPES [CD-ROM].

### NUTRITION FACTS PER SERVING:

140 CALORIES; 0G FAT; 0G SATURATED FAT; 0G TRANS FAT; 5MG CHOLESTEROL; 100MG SODIUM; 31G CARBOHYDRATE; 0G FIBER; 17G SUGAR; 6G PROTEIN; 6% DAILY VALUE OF VITAMIN D; 10% DAILY VALUE OF CALCIUM; 0% DAILY VALUE OF IRON; 0% DAILY VALUE OF POTASSIUM.

